| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| 1 2:30 Chair Tai Chi .0:30 Church . pm Bowling/ Game of Choice 2:30 Rhythm and Rhyme 3 pm Poetry and Imagery 3:30 Slingshot 4 pm Wild Kingdom / Nail Care | 2 9:30 Chair Yoga 10:30 Finish that Line 1 pm Scarf football 1:50 <u>All residents in dinning by 2</u> 2pm Walnut City Cloggers!!! 3 pm Movie Night, Curtesy of Lee Party Afternoon | 3 9:30 Seated Calisthenics 10:30 Ladies Tea/ News 1 pm Balloon Toss 2:30 Adult Coloring 3 pm Music with Jerry Lee Lewis 3:30 Target Toss 4 pm Mayberry & Sitcoms | 4 9:30 Resistance Stretches 10:30 Riddles and Jokes 1 pm Parachute Ball 2:30 Psychedelic Paint Pouring 3 pm Simon Says Stretch 3:30 Story/ Makeup a Story 4 pm Puzzles and Magazines | 5 9:30 Chair Tai Chi 10:30 Rhythm and Rhyme 1 pm Sing Along/ Gardening 2:30 Stroll n' Roll> BINGO's Back!!! 3 pm Poetry and Imagery 3:30 Tower Toss 4 pm Wild Kingdom / Nail Care | 6 9:30 Chair Yoga 10:30 Hymns/ Going on Safari 1 pm Scarf football 2:30 Adult Coloring/ News 3 pm Physical Game 3:30 Independent Activity 4 pm Jeopardy / 1:1 VR Time <u>Root Beer Float Day</u> | 9:30 Seated Calisthenics 10:30 Finish that Line 1 pm Balloon Toss 2:30 Psychedelic Paint Pouring 3 pm Simon Says Stretch 3:30 Puzzles and Magazines 4 pm Mayberry & Sitcoms |
| 8 2:30 Resistance Stretches 20:30 Church 2:30 Independent Activity 3:30 Riddles and Jokes 4: pm Target Toss | 9 9:30 Chair Tai Chi 10:30 Rhythm and Rhyme Happy birthday, Darlene!!! 1 pm Slingshot 2:30 Adult Coloring 3 pm Simon Says Stretch 3:30 Poetry and Imagery 4 pm Wild Kingdom / Nail Care | 10 9:30 Chair Yoga 10:30 Ladies Tea/ News 1 pm Scarf football 2:30 Paper Cactus Project 3 pm Tower Toss 3:30 Reverse Pictionary 4 pm Jeopardy / 1:1 VR Time | 11 9:30 Seated Calisthenics 10:30 Finish that Line 1 pm/ Gardening 2:30 Stroll n' Roll> BINGO 3 pm Committee Meeting 2.0 3:30 Balloon Toss 4 pm Mayberry & Sitcoms | 12 9:30 Resistance Stretches 10:30 Going on Safari 1 pm Parachute Ball 2:30 Music with Tubbs/ Adult Coloring 3 pm Sing Along 3:30 Story/ Makeup a Story 4 pm Puzzles and Magazines | 13 9:30 Chair Tai Chi 10:30 Hymns/ Going on Safari Happy birthday, Ruby! 1 pm Bowling/ News 2:30 Rhythm and Rhyme 3 pm Physical Game 3:30 Independent Activity 4 pm Wild Kingdom / Nail Care | 14 9:30 Chair Yoga 10:30 Finish that Line 1 pm Scarf football 2:30 Paper Cactus Project 3 pm Simon Says Stretch 3:30 Poetry and Imagery 4 pm Jeopardy / 1:1 VR Time |
| 15 15 15 15 15 15 15 15 15 15 | 16 9:30 Resistance Stretches 10:30 Reverse Pictionary 1 pm Slingshot 2:30 Adult Coloring 3 pm Simon Says Stretch 3:30 Poetry and Imagery 4 pm Puzzles and Magazines | 17 9:30 Chair Tai Chi 10:30 Ladies Tea/ News 1 pm Riddles and Jokes 2:30 Stroll n' Roll> BINGO 3 pm Tower Toss 3:30 Rhythm and Rhyme 4 pm Wild Kingdom / Nail Care | 18 9:30 Chair Yoga 10:30 Finish that Line 1 pm Scarf football 2:30 Music w/ Dino Rose Collage 3 pm Physical Game 4 pm Jeopardy / 1:1 VR Time Animal Print Week | 19 9:30 Seated Calisthenics 10:30/ Gardening 1 pm Balloon Toss 2:30 Story/ Makeup a Story 3 pm Simon Says Stretch 3:30 Sing Along 4 pm Mayberry & Sitcoms | 20 9:30 Resistance Stretches 10:30 Hymns/ Going on Safari 1 pm Sue Osbourne, Musician 2:30 Parachute Ball/ News 3 pm Adult Coloring 3:30 Physical Game 4 pm Puzzles and Magazines | 21 9:30 Chair Tai Chi 10:30 Rhythm and Rhyme 1 pm Bowling 2:30 Rose Collage 3 pm Independent Activity 3:30 Poetry and Imagery 4 pm Wild Kingdom / Nail Care |
| 22 9:30 Chair Yoga 10:30 Church 1 pm/ Gardening 2:30 Stroll n' Roll> BINGO 3 pm Story/ Makeup a Story 3:30 Scarf football 4 pm Jeopardy / 1:1 VR Time | 23 9:30 Seated Calisthenics 10:30 Finish that Line 1 pm Balloon Toss 2:30 Card Making w/ Rubber Stamps / Game of Choice 3 pm Tower Toss 3:30 Reverse Pictionary 4 pm Mayberry & Sitcoms | 24 9:30 Resistance Stretches 10:30 Ladies Tea/ News 1 pm Bowling 2:30 Adult Coloring 3 pm Simon Says Stretch 3:30 Poetry and Imagery 4 pm Puzzles and Magazines | 25 9:30 Chair Tai Chi 10:30 Rhythm and Rhyme 1 pm Slingshot 2:30 Music with The Platters 3 pm Independent Activity 3:30 Target Toss 4 pm Wild Kingdom / Nail Care | 26 9:30 Chair Yoga 10:30 Riddles and Jokes Happy birthday, Betty, and Don 1 pm Sue Osbourne, Musician 2:30 Scarf football 3 pm Sing Along 3:30 Physical Game 4 pm Jeopardy / 1:1 VR Time | 27 9:30 Seated Calisthenics 10:30 Hymns/ Going on Safari 1 pm Balloon Toss/ News 2:30 Card Making w/ Rubber Stamps / Game of Choice 3 pm Physical Game 3:30 Poetry and Imagery 4 pm Mayberry & Sitcoms | 28 9:30 Resistance Stretches 10:30 Finish that Line 1 pm Parachute Ball 2:30 Adult Coloring 3 pm Story/ Makeup a Story 3:30 Simon Says Stretch 4 pm Independent Activity |
| 29 30 Chair Tai Chi 0:30 Church pm Slingshot/ Game of Choice 30 Rhythm and Rhyme pm Bowling/ Riddles and Jokes 3:30/ Gardening pm Wild Kingdom / Nail Care | 30 9:30 Chair Yoga 10:30 Happy birthday, Max!!! 1 pm Story/ Makeup a Story 2:30 Stroll n' Roll> BINGO 3 pm Finish that Line 3:30 Scarf football 4 pm Jeopardy / 1:1 VR Time | 31 9:30 Seated Calisthenics 10:30 Ladies Tea/ News 1 pm Balloon Toss 2:30 Adult Coloring 3 pm Target Toss 3:30 Poetry and Imagery 4 pm Mayberry & Sitcoms | Shu | o Games: Slingshot, Finish that Line, Targ ffleboard, Tower Toss, Going on Safari, L vity: folding aprons and watering plants, | get Toss, Reverse Pictionary, Noodle Bal oops, Name 5, Kickball, Poetry and Ima | gery, News, Guided Independent |

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